Great Opportunities for ELARC & Lanterman Regional Center families!

CPAD, Fiesta Educativa, Inc. and UCLA’s TARJAN Center, UCEDD (University Center of Excellence on Developmental Disabilities) have partnered up on a special project, FMP--Family Mentor Partner Project grant to address service disparities in the Regional Centers, particularly the Eastern Los Angeles Regional Center (ELARC) and Lanterman Regional Center. Currently Chinese and Spanish speaking parent leaders have been trained and started to provide mentoring to interested families from the above mentioned 2 regional centers. The goal of the FMP project is to help to improve your ability to get needed services and supports from the regional center and other community resources for your family member with a developmental disability. Currently, the project is still open for interested families to enroll in. So, don’t miss this wonderful opportunity and contact either Cathay Liu at (626)560-7556 or Vanda Yung at (310)-869-9669 for more information or details on the project.

東洛杉磯及蘭特曼區域中心家庭好機會！

CPAD，Fiesta Educativa 和加州大學洛杉磯分校 TAPJAN 中心的 UCEDD 合辦了一個「家庭導師項目」(FMP) 來改善區域中心（特別是東洛杉磯 ELARC 和蘭特曼區域中心 Lanterman Regional Center）現有群體服務差異的情況。現時已有講華語和西班牙語有發展障礙家人的家長領袖們在接受訓練，準備提供導師的服務給上列兩個區域中心有興趣的家庭。項目的目的是要增進你有發展障礙家人的能力，可從區域中心和其他社區資源得到所需支持和服務。目前項目仍開放接受有興趣家庭報名，請勿失良機，儘快與 Cathay Liu (626)560-7556 或 Vanda Yung (310) 869-9669 聯絡索取更多資料。
This is a friendly reminder for **CPAD Saturday program** this week starting on 1/11/2020.

Spring Saturday Session - Please make a note that Saturday classes will be held on the following dates:
*(no class on Mother's Day and Memorial Day weekend)*

### CPAD Saturday Program Schedule

<table>
<thead>
<tr>
<th>Class Time</th>
<th>上課時段</th>
<th>每個月第二和第四個星期六</th>
<th>Every 2nd and 4th Saturday of Month</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1:00 pm – 1:45 pm</td>
<td>繪畫 - 慈少志工團隊</td>
<td>Painting Art - Tzu Shao volunteers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:45 pm – 2:30 pm</td>
<td>韻律手語 - 慈少志工&lt;br&gt;初級籃球 - 慈少志工</td>
<td>Rhythm/Signing Song&lt;br&gt;Beginning Basketball - Tzu Shao volunteers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:30 pm – 3:30 pm</td>
<td>籃球- Dr. Allen Jang</td>
<td>Basketball - Dr. Allen Jang</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:30 pm – 4:00 pm</td>
<td>Karaoke - Mr. Abel Lam</td>
<td>Karaoke - Mr. Abel Lam</td>
<td></td>
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</tr>
</tbody>
</table>

CPAD Saturday programs are supported by volunteers and a major sponsor, the Hakka Foundation. It is complimentary and everyone is welcome to join us.

**Location:** Asian Youth Center - 100 West Clary Avenue, San Gabriel

*Li Lee  626-321-5266 or llee@cpad.org*

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**The National RAISE Technical Assistance Center invites you to join this webinar**

**An Introduction to the New Vocational Rehabilitation Toolkit for Parent Centers - A RAISE Center Webinar**

**Wednesday, January 15, 2020<br>2:00pm - 3:00pm (EST)**

This webinar will explore the newly released toolkit. It will give an overview of how to use it, where to find important information quickly, and briefly discuss the important contents that all parent center staff should know.

**Presenters:**

Peg Kinsell, RAISE Center  
Jessica Wilson, RAISE Center

For Register go to:  
[https://register.gotowebinar.com/register/5670862465463727362](https://register.gotowebinar.com/register/5670862465463727362)
2020年
華人父母支援小組

中文：
2020年
華人父母支援小組

支援小組是一個認識和分享經驗和意見，
提供情緒支援，並學習保護我們的孩子。

英文：
CHINESE PARENT SUPPORT GROUP

給有特殊需求孩子們的家庭

中文：
時間 | When

每月第二個星期三
由上午12時至下午2時

地點 | Where

華埠服務中心
767 N. Hill St. #400
Los Angeles, CA 90012

2020 時間表 | Schedule

<table>
<thead>
<tr>
<th>DATE</th>
<th>主題</th>
<th>TOPIC</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/8</td>
<td>2020 計畫</td>
<td>2020 Group Schedule</td>
</tr>
<tr>
<td>2/12</td>
<td>了解 個人資源計劃 (IPP)</td>
<td>Understanding IPP</td>
</tr>
<tr>
<td>3/11</td>
<td>自由分享/討論</td>
<td>Open Discussion</td>
</tr>
<tr>
<td>4/8</td>
<td>監護權</td>
<td>Conservatorship</td>
</tr>
<tr>
<td>5/6</td>
<td>自由分享/討論</td>
<td>Open Discussion</td>
</tr>
<tr>
<td>6/10</td>
<td>(沒有家長會)</td>
<td>NO MEETING</td>
</tr>
<tr>
<td>7/8</td>
<td>交通</td>
<td>Transportation</td>
</tr>
<tr>
<td>8/12</td>
<td>住房/居家</td>
<td>Housing</td>
</tr>
<tr>
<td>9/9</td>
<td>自由分享/討論</td>
<td>Open Discussion</td>
</tr>
<tr>
<td>10/14</td>
<td>Medi-Cal和Medi-Care</td>
<td>Medi-Cal and Medi-Care</td>
</tr>
<tr>
<td>11/11</td>
<td>輔助技術 Assistive Technology</td>
<td>ATEC</td>
</tr>
<tr>
<td>12/9</td>
<td>歲末年終慶典會</td>
<td>Year-End Celebration</td>
</tr>
</tbody>
</table>

促進者 | Facilitators

SC  Garli Tat  213-252-6612
gtat@lanterman.org
Parents  Rui Ling Liu  213-399-8828
Sanny Lee  213-220-0495

促進者 | Facilitators

Koch Young
FRANK D. LANTERMAN
REGIONAL CENTER
3003 Wilshire Blvd. Suite 700
Los Angeles CA 90010
213-292-5600
www.lanterman.org
kyrc@lanterman.org

Family Support Specialist
Evie Jung  ejung@lanterman.org
1月21日(星期二)的家長互助會，將特邀嘉賓講員，作行為問題的專題講座，會議提供中文翻譯。機會難得，請踊躍參加！
Yes, You CAN!

Abilities EXPO

At Abilities Expo, you can...
- Build independence with the latest products
- Learn tips and life hacks at workshops
- Improve fitness with adaptive sports
- Open doors with service animals
- Change the game with new tech
- Get answers from the experts
- Embrace your abilities through dance
- Access facts on therapeutic cannabis
- And so much more!

Los Angeles • Feb. 21-23, 2020
Los Angeles Convention Center
West Hall A • 1201 South Figueroa Street • Los Angeles, CA 90015
Friday 11 AM - 5 PM • Saturday 8 AM - 6 PM • Sunday 11 AM - 4 PM

Follow Us! #AbilitiesExpo www.AbilitiesExpo.com

The San Gabriel/Pomona PARENTS’ PLACE
Family Resource & Empowerment Center
1500 S. Hycinth Ave., Ste. B, West Covina, CA 91791

CALENDAR OF EVENTS EFFECTIVE: JANUARY 2020
PRE-REGISTRATION REQUIRED: CALL (626)919-1691 or REGISTER online at www.parentsplacefrc.com
NOTE: NO CHILD CARE AVAILABLE FOR WORKSHOPS.
ALL WORKSHOPS ARE FREE.

SAVE THE DATE! VOLUNTEER FAIR!
Saturday, March 14th, 2020 Time: 10:00 a.m. to 11:00 a.m.
Location: Parents’ Place FRC/1500 S. Hycinth, Suite B, West Covina, CA 91741

SAVE THE DATE! INFORMATION FAIR & FESTIVAL!
Sunday, April 26th, 2020, 1:00 p.m. to 4:00 p.m.
Location: Cortez Park/ 2441 East Cortez Street, West Covina, CA 91741

HeartSaver CPR, First Aid and AED Class - Please call Parents’ Place to confirm attendance. (Minimum of 8 students are required. Pediatric CPR available upon request).

Thursday Feb. 6, 2020
THRU SATURDAY Apr. 11, 2020
6:00 p.m-8:30 p.m. 10:00 a.m. - 12:30 p.m.
English & Spanish

ASSISTIVE TECHNOLOGY – TASK

AT for Autism & Other Disabilities
Saturdays Jan. 25, 2020
10:15 a.m. to 12:30 p.m.
English

APPastic Adventures: Fun and Edutainment Apps
Tuesdays Feb. 25, 2020
9:45 a.m. to 12:00 p.m.
Mandarin/English

Apps for Older Students
Thursdays Mar. 26, 2020
9:45 a.m. to 12:00 p.m.
English

SPECIAL EDUCATION - TASK

NAVIGATING IEPs:
Saturdays Jan. 11, Feb. 8, 2020
9:30 a.m. - 12:00 p.m.
English

ASSESSMENT PROCESS:
Tuesdays Jan. 21, 2020
9:30 a.m. - 11:30 a.m.
English

EARLY INTERVENTION
Tuesdays Feb. 4, 2020
9:30 a.m. - 11:30 a.m.
English

TRANSITION AT AGE 3
Tuesdays Feb. 11, 2020
9:00, 10:00, or 11:00 a.m.
English

504 PLANS:
Tuesdays Mar. 24, 2020
9:30 a.m. - 11:30 a.m.
English

TRAININGS Facilitated by Office of Clients Rights Advocacy (Disability Rights CA)

IEHS: FRIDAY February 7, 2020
9:45 a.m. -12:00 p.m.
English

IEP: FRIDAY February 21, 2020
9:45 a.m. -12:00 p.m.
English

DRAWING CLASSES: Fee: $5.00 per child. To register, please call (626) 974-1806 for grades K-6
A minimum of two students must be pre-registered for class or the class will be cancelled.
Saturdays Jan. 11, Feb. 8, & Mar. 28, 2020
10:00 - 11:00 a.m.
English, Spanish, & Mandarin

PLAY TO LEARN WORKSHOP (0-36 months)
Wednesdays Jan. 8, Feb. 5, Mar. 4, 2020
10:00 a.m. -11:30 a.m.
English, Spanish, Mandarin

All workshops will be held at Parents’ Place unless otherwise noted.
Funded in part by California Department of Developmental Services and California Department of Education